



Montana: Living Life Well

Chronic Disease Self Management Program (CDSMP)

Learn how to manage and improve your own health.

Begins Tuesday April 24th, 2018

1:00pm-3:30pm

Weekly sessions for 6 weeks.

Anyone with a chronic illness or caring for someone with a chronic illness is welcome!

Held at Partnership Health Center

**FREE
SIGN UP NOW!**



For more
information or to
sign up call:
Alyson at

406-258-4168